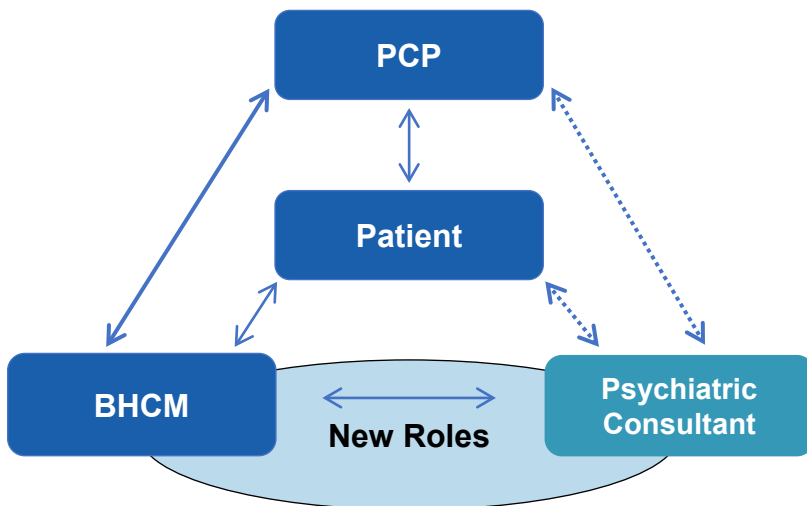


The Collaborative Care Model (CoCM): The Role of the Psychiatrist



Why Collaborative Care?

- ✓ Leverage your expertise and specialized skill set to increase access to mental health care
- ✓ Gain consultation experience working in a patient-centered care team
- ✓ Provide high quality, patient centered, coordinated care
- ✓ Reduce physician burnout and increase both patient and provider satisfaction

What is the Collaborative Care Model (CoCM)?

The Collaborative Care Model (CoCM) uses a team-based, interdisciplinary approach to deliver evidence-based diagnoses, treatment, and follow up care. The model differs from other integrated behavioral health services because of the replicated [evidence](#) supporting its ability to improve patient outcomes, save money, and reduce stigma related to mental health.

How Does it Work?

A Collaborative Care team is led by a primary care provider (PCP) and includes behavioral health care managers (BHCM), **psychiatrists**, and other mental health professionals acting as force multipliers of psychiatric expertise. The team implements a measurement-guided care plan based on evidence-based practice guidelines and focuses particular attention on patients not meeting their clinical goals.

Get Trained in Collaborative Care!

Through CMS' Transforming Clinical Practice Initiative, the American Psychiatric Association (APA) acts as a Support and Alignment Network (SAN), providing Collaborative Care training to psychiatrists who will work with primary care practices to improve patient outcomes and increase access. **To see a list of in-person training opportunities, please [CLICK HERE](#).**

Get Trained Online

In addition to the in-person Collaborative Care trainings, the APA also offers **free** online trainings in Collaborative Care.

- **[Applying the Integrated Care Approach: Core](#) 4 CME Credits**
This course provides training in Collaborative Care Consultation Psychiatry, focusing on the knowledge, skills, and attitudes necessary to help psychiatrists provide high quality care for larger populations.
- **[Applying the Integrated Care Approach: Advanced](#) 2 CME Credits**
**This course is offered to those who have completed the core training.